

Negative Energy or DOR

The Curse of Modern Living

– BY CHARLES SHAHAR –

This article is about dark, stagnant, or negative energy, also known as DOR. In fact, “stagnant energy” is a contradiction in terms, since energy by its very definition is not stagnant. It can be difficult to define exactly what DOR is, except to say it’s the opposite of vital energy (also called ch’i or prana), because it is inimical to life. Given the pervasiveness of this dark force in modern environments, it is perhaps surprising that there are so few references to it in Western esoteric literature.

The psychoanalyst Wilhelm Reich coined the term DOR or “deadly orgone radiation” in 1951. Reich described this phenomenon in terms of dark clouds that passed at irregular intervals over various parts of the world.¹ He noted that industrial regions full of smog enhanced the DOR clouds over large cities. The smog itself became stagnant and did not dissolve when DOR clouds were present in the atmosphere. In short, deadly orgone and the pollution of large cities were very much linked, although they were not necessarily always present together. Indeed, Reich observed that DOR would sometimes occur randomly over desert environments.

Reich further noticed that certain phenomena were associated with the occurrence of DOR, including a “stillness or bleakness” and lack of “sparkle and lustre” in the atmosphere.² He noted blackened rocks and a pattern of tree deaths associated with this negative energy. He also suggested specific elements that might trigger DOR in a localised atmosphere, such as “the presence of fluorescent lights, neon signs in a restaurant, and X-ray machines in a hospital.”³

Reich observed that people who were exposed for even a short time to concentrations of this “deadly energy” exhibited numerous physical symptoms, including dizziness and fainting spells. Other symptoms included fatigue, respiratory difficulties, and emotional distress. Reich believed that many times such symptoms were mistaken for a virus, such as intestinal flu, but actually resulted from “DOR poisoning.”⁴ Many of Reich’s ideas were considered outlandish by

the scientific community, and it is unfortunate that his findings were never taken seriously or investigated further by any but his most diehard supporters.

The renowned energy healer, Barbara Brennan, also makes references to DOR and its insidious effects on people living specifically in New York City. She comments about how this pervasive dark energy impacts the health of people living there, wearing down their immune systems and causing illness to arise in the weakest parts of their energy field.⁵

The elderly who have been exposed to DOR for many years have fields that are much less energised, and seem much more imbalanced than the elderly who live in rural areas.⁶ What impresses Brennan is the fact that no one living in the city knows the effects such negative energy is having on their system.

How do we define DOR? For instance, can we consider it to be the absence of ch’i? Is it simply that ch’i itself is transmuted into a kind of negative force? Is it a distortion or kink in the fabric of the etheric field, or is it an entirely different type of phenomenon? It is difficult to answer this question.

Reich, for instance, noticed that when orgone (ch’i) was brought into contact with radioactivity, it triggered it into far greater activity than when left alone, and the orgone subsequently turned into DOR.⁷ Reich also made a distinction between DOR and “anorgonia,” which he considered to be a low orgone charge in the body.⁸ In short, DOR is not necessarily only the absence of ch’i.

Ch’i and DOR can exist in the same space, in the sense that even in the most energetically congested and oppressed cities, there is enough ch’i to support life. It may be that DOR exists on a lower – or slower – plane than ch’i itself. As Brennan suggests, the frequency or vibration of DOR is simply too slow to sustain life.⁹ Negative energy can therefore be considered a more “solid” etheric material, which is nonetheless beyond the ken of our physical senses, but which falls below the threshold needed to sustain a more subtle life force. We can also say that DOR is very much influenced by what is happening in the material field, particularly in conditions that do not promote life, but are harmful to it.

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Wilhelm Reich

channels in the human body. In some places, dowzers are used to site buildings before they are constructed, to avoid their placement along detrimental energy lines. For instance, one Swiss canton offers a public grant toward the cost of a dowsing survey before the construction of new buildings, and will not issue permission for further work until such a survey is implemented.¹²

DOR AND HUMAN ACTIVITY

Around humans, DOR is pervasive, particularly in situations where we are disconnected from the natural life flow. It usually festers under the following conditions:

1. Where ch'i cannot circulate freely (in crowded, cluttered conditions; where there's no proper ventilation)
2. Where toxins have an opportunity to proliferate (for instance, along the banks of polluted rivers; downwind from factories or refineries; smoggy downtown cores)
3. Where there is a lot of waste matter (around garbage



There are places in nature where dark energy naturally occurs: stagnant lakes or ponds, swamplands, oxygen-depleted oceans, toxic vents or geysers, and places that are naturally radioactive. It is also present within underground "black streams," which have been known to cause various types of negative reactions among humans and animals. Sensitive people walking in their vicinity may notice symptoms including nausea, dizziness, chills, and headaches.¹⁰ In the vital field, these streams literally look like dark currents of DOR.

Parker and Susani note that people living immediately above these dark etheric currents will experience long-term symptoms ranging from irritability to depression.¹¹ They suggest that these streams are a serious health hazard to people, but are virtually unrecognised for their impact. Experienced dowzers easily pick up these currents using simple tools of their craft. They can not only find these streams, but also divert or relieve the corrupted flows with techniques such as inserting wooden stakes in the ground immediately above the offending current. These punctures function in a similar way to acupuncture needles that unblock energy

dumps; I have also noticed it around pig farms)

4. In places permeated with intense and harmful electromagnetic radiation (around nuclear power plants, power grids)
5. In any setting that is vibrationally dead or inert (artificial environments, where heavy machinery predominates)
6. Where sickness or decay vibrations are rife (such as hospitals, chronic care facilities)
7. In premises or neighbourhoods that are ill-maintained or neglected (such as abandoned factories or economically depressed areas)

On a broader scale, you will find stagnant or negative energy anywhere humans are active: in offices, hospitals, supermarkets, and shopping malls. It also likely exists in your home, perhaps because you do not sufficiently air out your place and it has become quite stuffy; or if the rooms are cluttered, if there is accumulated dust, if there is mouldy

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growth clinging to the walls, if the plumbing is faulty, and so on. It may be most apparent after an illness in the home, or if the odour of sweat or heavy cooking permeates the premises.

I often see DOR as a dense, charcoal-coloured fog in the etheric plane. It usually combines with a brownish or brown-green slime in the astral (emotional) plane. In environments that humans dominate, wherever there is negative energy there is usually a depressed emotional field. The mental field is also affected. Thought forms appear dull, coarse, and less differentiated, and fewer of them congregate in the mental medium; they seem to linger longer as well, suggesting that thoughts become more crystallised and difficult to change in this type of atmosphere.

The levels of DOR or negative energy are variable depending on the environment. As a group, particularly in large numbers, modern humans usually generate more negative than positive energy. This has been an inevitable result of technological advancements, and the fact that people are increasingly disconnected from their natural environment. Emissions of greenhouse gases into the atmosphere have likewise resulted in more negative energy on a global scale. The tipping point will happen when DOR begins to dominate the energetic signature of the planet. Inadequate waste disposal is also a problem that has greatly contributed to the toxification of the vital field.

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DOR permeates everything it surrounds. Thus, if you buy food at a grocery store that is full of negative energy, the food itself will be enveloped in a kind of grayish cloud. Such food is not very appetising to behold in the etheric plane. When you ingest it, you also ingest negative energy and pollute your inner environment. If you know how to positively charge such food, some of the dark energy can be removed, but not all of it. Since this force is associated with dissolution or decay, it is not surprising that the meat, poultry, and fish you find at a supermarket or butcher shop are always enveloped by a cloud of negative energy, as are rotten fruits and vegetables.

FOOTNOTES

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