



What's in a Greeting?

A Look at Human Energy Interactions

By CHARLES SHAHAR

What happens when a person is reunited with someone they love and haven't seen in a long time? Their eyes light up, and their facial expression is one of pure joy. Their aura actually expands and appears more illuminated than before, radiating flashes of brilliant colours. The air around them literally seems to sparkle. I have often seen such interactions at airport arrival gates when families or friends reunite. I have also seen it when, after a long absence, soldiers return home from active duty to their families.

Relationships are dynamic on a much subtler level than what our physical senses can detect. For instance, as any interaction unfolds between two people, there appears to be a flow of energy between them. The interaction will involve what look like streamers that originate from the chakras or energy centres in the subtle body. If there is a mutual passion, there will be orange lines of energy that radiate mostly from the sacral chakras. If there is tenderness and affection, rose-coloured streamers will interact between heart chakras, and beautiful pink clouds of loving energy will envelop both parties.

These connections are not completely bound by space and time,

although they will lose their intensity if the interactions become less frequent. Some connections maintain themselves even after a person dies, between the living and the disincarnate soul. Others are so powerful that they may exert an influence over many lifetimes. A relationship that has ended (through death or divorce) reflects a situation where the subtle threads of connections

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might be severed, whether abruptly or over time. However, if a strong emotional bond remains, not even death can break these lines.

Not all day-to-day interactions are dramatic, at least not on an obvious level. People sometimes complain about the superficiality of certain greetings, such as the obligatory: "Hi. How are you?" A "Fine, and you?" usually follows. Even though the conversation seems to revolve around small talk, there is still a deeper dynamic going on. As their auras pass by each other,

people are actually sending pulses of energy throughout their brief encounters during the day. Even if they don't make eye contact or consciously recognise the other's presence, there is a surprising amount of interchange happening between them.

Such transmissions can be conveyed through a gaze, a posture, or through words. If two people meet in an elevator and exchange pleasantries about the weather, chances are they will also be exchanging energy with one another. People with low energy fields (because they are tired or depressed) will benefit from such infusions. If you are not a morning person, and you feel disoriented even a couple of hours after waking, the greetings you get at the office can serve as a subtle prop to charge your energy field.

A smile has an interesting effect. The very act of smiling triggers a subtle chemistry in the aura. When someone smiles, their aura lights up, and that is why we enjoy it when smiles are directed at us, and why we ourselves get lit. So even if you are in a bad mood one day and don't feel like smiling, the suggestion is to fake it. Smiling activates your energy field, and stimulates that of others.

TRIAL BALLOONS OF ENERGY

To understand the subtle exchange of energy between people, let's consider the situation of individuals gathered in a room, say at a party. We find that before their first direct encounters people usually test each other through the use of subtle transmissions. These trial balloons of energy will mingle. If there is a mutual attraction, they will stick close to one another, create sparks or expand together.

It is interesting to watch these balloons before people actually interact on a physical level. Sometimes there is an immediate repulsion, like two magnets which push each other away. We can then expect that the people will not go near each other for the rest of the evening. At other times, there is a kind of dance with the two fields coming together and pulling apart, in a kind of unpredictable combination.

These are the ways we introduce ourselves, and it all takes place on a completely unconscious level. We send these transmissions not only to test the fields around us, but also to send messages to those we want to be around. If we find the resonance to our liking, we will then make efforts to connect more directly. For instance, we might start to look at the person, or we might walk to their side of the room, still not knowing that we are attracted to their energy.

These subtle explorations often translate into vague feelings we refer to as our intuition, but they actually reflect a real perception just below the threshold of the conscious mind. At a party, people may not be speaking or looking at one another, but the room will be full of energy fields bumping, merging, pulling and repelling. Eventually, like energies will gravitate towards one another. It is a kind of magnetic pull that is operating behind the scenes.

ENERGY STYLES

Aside from the way we scout people through these trial balloons, each person radiates a certain energy demeanour, which is reflected on a more obvious level by their personality. Some styles may appear unassuming, yet they may be very loud on a subtle level. A need for attention, jealousy, contempt or anxiety – all have their counterparts as far as the character of one's energy field is concerned.

I have made a few observations about these different styles. For instance, those who command the most attention, or are most extraverted, often have the most lively auras. Their energy fields generally extend beyond the norm and radiate vibrant colours. The people who gather around are charged by their presence and they will be pulled to their vicinity. Those who are the life of the party literally light up the room when they walk in, and in the subtle field, the atmosphere will become dimmer when they leave.

People who sit mostly by themselves often have an aura which does not attract people. At one gathering,

hid the pain he felt after separating from his wife. His grief showed as grey congestion in the heart chakra area. A good cry would have provided a better release.

I once remarked on a woman who had just eyed a handsome fellow at the other side of the room. She sensed some spark, even though he hadn't looked her way yet. Their subtle feelers already connected, and there was a strong pull for them to join. The moment she made a move to the bar, he moved in the same direction, still unaware that they were fated to meet. It was only after he literally almost bumped into her that the energy which



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I saw a woman who projected mixed messages. I had the sense that she wanted attention, and in fact was quite needy for it. Yet not wanting to appear vulnerable, she sat in the corner by herself. Through the ether she projected the most unpleasant vibrations, which looked like little burrs or spikes. She succeeded in getting people's attention but not the way she intended; they unconsciously avoided interacting with her.

I once noticed a man who was getting sloshed. At first the drinking seemed to stimulate his personality, and his aura began to take on amazingly vivid colours. But as the alcohol began to affect the higher levels of his subtle body, his energy field took on a rather muddy tone. The muddiness

pulled them together caused them to converge.

On another occasion a man was trying to make advances at a woman who had already decided their energies were not compatible. She tried to avoid his glances, and when he came near her, her subtle body retracted. The valve of her emotions was shut off. There were energetic clouds of dampening vibrations which sought to rebuff his overtures. The energy streamers were running in only one direction, and eventually the man gave up and shut off the tap himself.

Once I noticed a fellow sitting at the far end of a couch. He was bothered by the loud music. His aura seemed to contract as the pulsations of sound banged against it. His friend had a



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boorish personality. The latter liked to hear himself speak. The first fellow had had enough of the conversation and the loud music, and started to “leave his body” as he detached himself. A luminescent cloud of energy above his head indicated this displacement of his consciousness.

When two people become quite involved speaking to one another they often create a kind of energy bubble or cone around them. Nobody cares to interrupt their conversation, respecting their space together. They become vibrationally resonant, very much on the same wavelength. Watch what happens when one picks up a glass to drink; the other will do the same. When they speak it is in the same tone of voice, with the same inflections. Their auras literally merge in such instances.

A bright yellow light surrounding the heads of participants often indicates intellectual conversation. They are “talking heads”; all the energy is channelled to their minds. It is evident that the rest of their energy field below the neck is not animated at all. In the mental field however, they create a great deal of activity, with thought forms floating around them. On an emotional level, the colours of their astral auras are often muted, unless they get excited about the topic of conversation.

PAYING ATTENTION TO NON-VERBAL CUES

The above are a few examples of the enormous variety of subtle interactions that can happen between people, but you do not have to see the actual energy interactions to get a sense of them. If you are attentive, you can often detect non-verbal behaviours that seem to suggest people are reacting to something just beyond the horizon of their conscious mind. In fact, many non-verbal cues, particularly body gestures and postures but also micro facial expressions, reveal much about the energetic interactions going on between people.

For instance, have you ever noticed what happens when you are engaged in animated conversation with someone and a third party walks between you? You will see that they will sometimes duck as they pass through, or at the very least will hurry their gait. Unconsciously they are aware that they

are interrupting etheric streamers that flow between two people who are engaged in intense interaction. I can actually see their aura contract as they attempt to be as unobtrusive as possible when they walk by.

In another type of situation, watch what happens when a more passive person is interacting with an aggressive and controlling individual. They will often fold their arms in front of their solar plexus to protect the chakra that is most sensitive to emotional vibrations. They may do this as they stand or sit. Their back will also round and their abdomen will retract, again in an effort to protect their solar plexus from the offending vibrations. I have also seen people hold books or other items in front of their solar plexus to block these vibrational assaults.

Now watch the behaviour of an aggressive or domineering person as they assault a more fragile personality. They will often appear to be leaning forward, and their upper body, specifically their chest and shoulders, will seem to inflate. Through the subtle vision, one can see hook-like projections, or grapplers, emanate from their aura, which literally seize their target as the latter cowers before the assault. Aggressive people have honed their ability to intimidate those they want to subjugate. Even the terms “over bearing” and “browbeat” hint at the energetic strategies they employ.

In short, nonverbal behaviours provide excellent opportunities to identify interactions in the subtle environment that even the person performing them is not conscious of. The tone of voice, posture, and facial expressions of people often provide important clues to the ways people and places impact on others energetically. You only have to be alert to these cues, and you may be surprised by just how much information is out there about these supposedly subtle and ephemeral phenomena.



CHARLES SHAHAR is a clinical psychologist by training, and social researcher by vocation. He has lived and studied Vedanta philosophy in India, and has been teaching yoga and meditation to diverse populations for over 17 years. He has just finished writing a book entitled *Good Vibrations: The Energy of Places*, which he expects to publish next year.